

# Leyton Orient Trust Older Adults Monthly Network

Thursday 15th March

## Theme: Creative & Crafty

12 midday – 2pm

Leyton Orient Stadium, Oliver Road, E10 5LG



- Come along to our free, friendly, monthly network for residents aged 50+.
- Meet other like-minded people who want to socialise and get out more.
- Find out about clubs, groups and other activities going on in your area.
- Try out an activity taster.

Light refreshments provided by Tesco.

To book contact Carolyn Sellick:

Call 07715536872 or

Email [carolyn.sellick@walthamforest.gov.uk](mailto:carolyn.sellick@walthamforest.gov.uk)

If it's your first time coming to the stadium, get in touch and we can support you to attend.

